

REFLECTION GUIDE

4.28.24

INTRO

During our Wonder Women series, the weekly reflection guides will focus on the story of Ruth. Today, begin by reading Ruth 1:1-18 and consider the passage's application in your own life.

THOUGHTS

PRAYER

Gracious God, remind me each day that my relationships are precious gifts. Deepen my commitments and help me become more concerned with the welfare of the people in my life. Open my mind to seek friendships that broaden my worldview. Amen.

DIGGING DEEPER

- What stood out to you while studying this portion of the book of Ruth?
- The first verse of this story mentions they were dealing with a famine in the land. We might not relate well to that in our current culture, never having experienced it. What types of common hardships do you think we currently face in our society?
- Consider the most committed relationship you have ever observed. What was the obvious evidence of this deep commitment?
- List your closest friends. Would you describe your relationship with any of them to be selfless? In what way?
- Ruth's daughters-in-law were from another people group. Despite their differences, they cared deeply for each other. Do you feel you have friendships that cross barriers like age, race, and religion? What might you be able to do to open yourself up to new friendships?
- Put yourself in Ruth's shoes. Describe the fears you might have been feeling. What might Ruth have been giving up to stay with Naomi? When you make decisions, do you tend to take the selfless or selfish route?